



Orthopaedic Institute

Supporting Research & Education for Patient Benefit

Thursday 15 October

8.30am REGISTRATION & COFFEE – ARC BUILDING

UPPER LIMB SESSION: Mr Pickard, Mr Singh, Mr Ford

8.50am **Shoulder / Brachial Plexus**
Applied anatomy, anterior approach to the shoulder, posterior approach to the shoulder, approaches for brachial plexus injuries

Arm

Applied anatomy, anterior approach to the humerus, posterior approach to the humerus, approaches to the distal humerus

10.30am COFFEE AND TEA - ARC

Elbow

Applied anatomy, approaches to the cubital fossa, approaches to the radial head.

Forearm

Applied anatomy, anterior and posterior approach to the radius.

Hand

Hand incisions

1.00pm LUNCH in ARC BUILDING

LOWER LIMB SESSION: Mr Lewthwaite, Mr Hill, Prof Cool, Mr Bing, Mr Whittaker

1.45pm **Foot and Ankle**
Applied anatomy, anterior approach, lateral approach, postero-medial approach

3.30pm COFFEE AND TEA - ARC

Tibia and Fibula

Popliteal approach. Compartment decompression

Hip and Thigh

Applied anatomy, anterior approach, antero-lateral approach, posterior approach, medial approach

Friday 16 October

THE SPINE: Mr Trivedi, Mr Jaffray

8.50am The anterior approach and applied anatomy of the cervical spine

10.30am COFFEE & TEA - ARC

The anatomy of a cervical dislocation and cord injury

The anatomy of a lumbar disc protrusion and a lumbar disectomy

The anatomy of spinal stenosis and a lumbar decompression

The anatomy of the pedicle and spondylolithesis

1.00pm CLOSE

FORTHCOMING COURSES

For details of further courses held at Oswestry
Please visit our website www.orthopaedic-institute.org
Telephone: 01691 404661 or
Email sian.jones36@nhs.net

The Institute of Orthopaedics (Oswestry) Publishing Group
has the following publications for sale:

Basic Sciences for FRCS (Trauma & Orthopaedics)
Oswestry Orthopaedics Clinical Examination
Orthopaedic Classifications & Radiological Measurements

To obtain copies please contact Sandra Cank
Tel: 01691 404474 (email sandra.cank@nhs.net)



**Orthopaedic
Institute**

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Arthritis Research Centre, RJA Hospital, Oswestry SY10 7AG



Anatomy and Surgical Exposures in Orthopaedics Course

16 and 16 October 2020

Convenors: Mr D Jaffray, Mr A Bing, Prof P Cool, Mr D Ford,
Mr S Hill, Mr S Lewthwaite, Mr S Pickard,
Mr R Singh, Mr J-P Whittaker, Mr J Trivedi

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