

The  
"Snowpaedic Challenge 2019"

Please join the

**Orthopaedic Institute**

On a Sponsored Walk up Mount Snowdon

**Saturday 8th June 2019**

- We will be taking the Llanberis Path with gentle gradients and beautiful views
- Approx. 9 miles in total (or a shorter version if you like!)
- Approx. time to complete is 6 hours
- Total ascent 980m

**Walk commences at 9.30am**

- **£15.00** per adult (16 and over)
- **Free entry** for under 16's and dogs !

*All proceeds to  
The Veterans' Centre Education & Research Fund  
at the  
Robert Jones & Agnes Hunt Orthopaedic Hospital*

**Thank you for your support!**

For further information please contact: Debra Alexander  
Telephone: 01691 404561  
Email Address: [enquiries@orthopaedic-institute.org](mailto:enquiries@orthopaedic-institute.org)



*Orthopaedic Institute*  
Oswestry, Shropshire, SY10 7AG, UK  
Telephone: 01691 404561 / 404661  
Email: [enquiries@orthopaedic-institute.org](mailto:enquiries@orthopaedic-institute.org)  
[www.orthopaedic-institute.org](http://www.orthopaedic-institute.org)

Please complete a separate form for each person  
**Adults/children aged 16 and over £15, under 16's & Dogs go Free!**  
**(children under 16 years must be accompanied by an adult)**  
Please make cheques payable to: Orthopaedic Institute or *enter online*

Title: ..... First Name: ..... Last Name: .....

Address: .....

Postcode: ..... Email address: .....

Tel No: ..... Mobile: .....

**Under 18s parental consent:**

I, the undersigned, am the parent or legal guardian of the person named above and do hereby give my consent to his or her participation in this event.

Signed: .....

Parent/Guardian Name: .....

**Participants Declaration:**

I understand that I should seek advice from a medical practitioner if I am in any doubts as to my physical ability to take part in this event. I agree to pay all proceeds and any sponsorship money to the Orthopaedic Institute.

Signed: .....

Print Name: .....

Emergency name and Contact Number:

.....  
\*Confirmation of your entry will be sent to you on receipt of your registration form, providing all the final details for the day. Would you this to be sent via: **Email / Post**  
\*\* **Please print your name here to keep you up to date with our fund raising activities:**

.....  
\*\*\* **Please return this form to the address above or complete online asap. Thank you.**